



ACCESS *Bars*® IN BUSINESS

NEWSLETTER

Worldwide

Your Bars in Business Update

INTRODUCTION

From the Access Bars in Business® Team

What would our world be like if people working in companies and corporations were less stressed, more relaxed and not as burnt out in their workplaces?

What if people were able to use their talents and creativity to enjoy their lives rather than solve problems and struggle to survive?

With these questions, Bars in Business™ was first introduced to an accounting firm in Dublin, Ireland.

Fast-forward two years and Bars in Business is growing into a worldwide movement inviting businesses to new possibilities and something much bigger, too...

From hospitals to schools to boardrooms to sports clubs, we are proud and honored to share with the world today what has been created over the last two years and where our amazing facilitators and practitioners have used Access Bars® to change the world!

Enjoy!



Bars in Business Team

Inspiration from... The Netherlands!

SUSANNE SNOEIJ IS A SCHOOL COUNSELOR TEACHING ACCESS BARS TO HER STUDENTS.

"A school is a wondrous place..."

I've been working in primary school education for over 25 years now – and children still surprise me with their playfulness, their joy and their infinite power to change things! I've also seen the stress, the anxiety and the misunderstood behavior, which seem to keep both teachers and children small and in distress.

So what if we can change this?

One day, I just asked, 'Is it possible to bring more joy and ease into schools?' and I began introducing Access Bars at my school. It is such a gift to see teachers melt into their natural space and ability to communicate with children, to see children giggling, snoozing or cuddling up, and to see their worlds expanding during a Bars session!

I am so grateful for the schools that have joined me in this adventure of acknowledging their magic, power and potency. What else is possible now!?"

– Susanne Snoeij, The Netherlands

[MORE ABOUT ACCESS BARS & KIDS, YOUTH & TEENS](#)



ACCESS BARS® &
Kids, YOUTH & TEENS

INSPIRING NEW POSSIBILITIES FOR FAMILIES

accessconsciousness.com/youth

BARS AROUND THE WORLD –

What's up?



Access Bars at a Disease Prevention Congress

CZECH REPUBLIC

Diana Weinfurt Gardella and Adriana Tesinska presented Access Bars during a special congress introducing possible new solutions for greater healthcare and well-being of company employees. After a short introduction, they gave over 40 taster sessions to participants and speakers.

Three companies out of 40 participating chose to implement Access Bars as part of their well-being program for employees.

Access Bars in Colleges

MALVIKA MADAN TAKES THE ACCESS BARS INTO A COLLEGE IN INDIA!

Malvika recently held a great event at a College in India. 58 teachers, the principal and the head of psychology department were in attendance.

Malvika and a team of Bars practitioners offered short intro sessions of the Bars to all in attendance and invited people to book a follow-up session if desired.

The college has invited her to return for Mental Health Awareness Month and Suicide Awareness Month.

How does it get any better?



[SHARE YOUR STORY HERE](#)



Explore More Highlights from around the World!

Our intrepid Access Bars practitioners and facilitators have been taking Access Bars in Business worldwide! We are excited to share just a few of these projects with you... Have fun and explore!



ACCESS *Bars*® IN BUSINESS
WORLD *Wide*





Are you creating something with Bars in Business that you'd like us to know about?

WE ARE EXCITED TO HEAR FROM YOU!

If you would like to share what you are creating with Access Bars in businesses, schools, sports and more, please fill out this form to let us know!

[SUBMIT YOUR STORY HERE](#)



Upcoming Events

ACCESS BARS YOUR NEW FUTURE IN BUSINESS

Explore the opportunity to introduce Access Bars to the world!

Dr. David Kubes and Diana Weinfurt Gardella will present Access Bars in Business live and online in Dubai on July 21, 2024.

You are warmly invited to attend live or online!

[GO HERE FOR MORE INFO](#)

The “Partnered with Bars in Business” Certification

NOW AVAILABLE FOR PURCHASE!

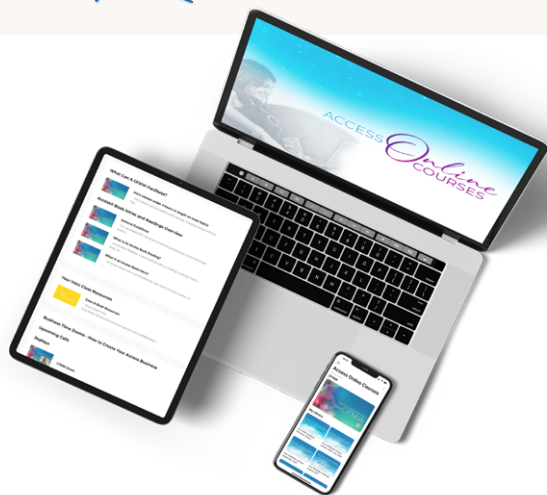
[PURCHASE YOURS HERE](#)



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Resources & SUPPORT



Your Facilitator Library

WITH IMPORTANT BARS IN BUSINESS LINKS AND RESOURCES...

We have a large library of free resources available to all facilitators!

Explore the Get Started document, which contains everything you need to get started, such as a sample presentation, stand-up banners, sample contracts, sample emails, Bars in Business fact sheet and more!

[GO TO LIBRARY](#)

[FACT SHEET](#)

The Free Training

LEARN HOW TO DO IT YOURSELF!

What if companies offered employee care through Access Bars? This free 7-part training is available to all facilitators in your facilitator library.

[LOG IN HERE](#)



Scientific Research Available for Purchase

WITH DR. TERRIE HOPE

Dr. Terrie Hope is a PhD and Doctor of Natural Medicine who has conducted over 12 years of extensive research into the Access Bars.

A 4-minute video entitled Access Bars: The Basics Explained, featuring Dr. Hope, is now available to purchase and use in your presentations or on your website!

[GO HERE TO EXPLORE](#)

